School of Nursing and Health Professions

Immunization and Health Requirements Guide

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Overview

This completion guide is designed to assist health career students fulfill the necessary health and immunization requirements throughout their course of study at Cuyahoga Community College. Many requirements are universal; however, there are some variations among programs as well as specific clinical sites. Make sure to always consult with your respective program of study for program-specific requirement information.

After completion of your titers, immunizations, or tests, you are required to upload all documentation in the third-party compliance vendor system, American Databank Complio (ADB-Complio). **Do not attempt to create an account, order a compliance package, or upload any documentation until you attended a Clinical Compliance Training Session.** Schedules and registration are available at https://www.tri-c.edu/programs/health-careers/student-resources.html by clicking on the "Register for a Clinical Compliance Training Session" button.

Medically Documented Evidence

Please be aware that many requirements mandate "Medically Document Evidence". **This is defined as follows:** Electronic Records (i.e. MyChart) OR documentation printed on medical provided/facility letterhead. All other documents must have the following areas of information present in order to be accepted:

1. First and Last Name of the Student
2. Provider Full Name and Location (i.e. Cleveland Clinic, UH, MH, etc.)
3. Date of Service
4. Item Full Name (i.e. Measles Titer, PPD Test 1, etc.) and Results (if applicable)

Where do the Health Requirement standards come from?

All health requirement standards are current and updated to date with the CDC Guidelines for Healthcare professionals in addition to the highest level of requirements for program-specific clinical sites that house students for completion of their clinical/practicum hours. Please note these requirements are subject to change at any time.

Where do I go to complete my Health Requirements?

Students are encouraged to use their Primary Care Physician or the facility in which their Primary Care Physician is established; however, students are not required to only utilize this option. Students can choose to use the following locations to complete items:

- Urgent Care Facilities
- CVS Minute Clinics
- City Department of Health Locations (i.e. Cleveland)

- County Department of Health Locations
- Quest Diagnostics
- LabCorp

A list of additional resources can be found at https://www.tri-c.edu/programs/health-careers/documents/health-requirement-resources.pdf. Please note that these are just resources, and the college does not support or recommend one over the other.

Where do I upload my health requirement documentation?

Students will upload all their health requirement documentation into their American DataBank Complio (ADB-Complio) account for review. ADB will review documents within 1 to 3 business days from the date of upload.

What happens if a compliance category expires?

Students will receive notifications from ADB-Complio when compliance items are about to expire. Notifications will be sent via email at 90 days, 60 days, 30 days, 14 days, 7 days, 3 days, 2 days, 1 day, and the day of expiration.

What is a titer?

A titer is a laboratory test that measures the presence and number of antibodies in the blood. A titer may be used to prove immunity to disease. A blood sample is taken and tested. If the test is positive (above a particular known value) the individual has immunity. If the test is negative (no immunity) or equivocal (not enough immunity) you need to be vaccinated. A Titer Lab Report is generated by the lab that tested the blood sample. The Titer Lab Report must include the test type, exact values, signature, and date.

Health Requirements

MMR (Measles, Mumps, and Rubella) Antibody Titer

TITER REQUIRED FIRST—DO NOT UPLOAD VACCINATIONS FIRST

After completion of the titer, the results will indicate your next steps.

- A **positive** IgG titer result indicates immunity and must be demonstrated by a lab report.
- A **negative** or **equivocal** IgG titer result indicates non-immunity and must be demonstrated by a lab report. Following the upload of a negative or equivocal lab report, you must obtain and provide the following:
  - Medically documented evidence of obtaining two doses of MMR vaccine dated **after** the negative titer and 28 days apart from each other.
    - You are not required to obtain a follow-up titer unless indicated by your clinical site.

Varicella (Chicken Pox) Antibody Titer

TITER REQUIRED FIRST—DO NOT UPLOAD VACCINATIONS FIRST

After completion of the titer, the results will indicate your next steps.

- A **positive** IgG titer result indicates immunity and must be demonstrated by a lab report.
- A **negative** or **equivocal** IgG titer result indicates non-immunity and must be demonstrated by a lab report. Following the upload of a negative or equivocal lab report, you must obtain and provide the following:
  - Medically documented evidence of obtaining two doses of MMR vaccine dated **after** the negative titer and 28 days apart from each other.
    - You are not required to obtain a follow-up titer unless indicated by your clinical site.

Hepatitis B (HEP B) Antibody Titer

TITER REQUIRED FIRST—DO NOT UPLOAD VACCINATIONS FIRST

After completion of the titer, the results will indicate your next steps.

- A **positive** IgG titer result indicates immunity and must be demonstrated by a lab report.
- A **negative** or **equivocal** IgG titer result indicates non-immunity and must be demonstrated by a lab report. Following the upload of a negative or equivocal lab report, you must obtain and provide the following:
  - Confirm with a healthcare professional that you have received all three doses of the HEP B series. Some students may have not received the third dose required to receive a positive titer.
  - If three does were completed before the negative titer result, you will need to complete one of the two HEP B does series. The vaccination series options are as follows:
    - Three Dose Series
      - Dose 1 administered on the date of the first visit.
      - Dose 2 administered one month after dose 1.
      - Dose 3 administered five months after dose 2.
    - Two Dose Series (Heplisav-B)
      - Dose 1 administered on the date of the first visit.
      - Dose 2 administered 28 days after dose one.

Note: Students may be permitted to attend clinical with two repeat doses; however, they must proceed with dosage and titer schedule as required. This is based on the clinical site requirements.

The College does not endorse one dose series over the other--Used for information purposes only

After completion of the selected dosage series, a repeat titer is required. The titer results will indicate your next steps.

- A **positive** IgG titer result indicates immunity and must be demonstrated by a lab report.
- A **negative** or **equivocal** IgG titer result indicates non-immunity and must be demonstrated by a lab report. Following the upload of a negative or equivocal lab report, you must obtain and provide the following:
    - A letter from a physician stating that you are a non-responder. This letter must specifically indicate that you are a non-responder and include the following information:
        - Physician Name
        - Organization of Association (Cleveland Clinic, UH, etc.)
        - Date
        - Student Full Name (First and Last)

Tdap (Tetanus, Diphtheria, and Pertussis) Vaccine

Medically documented evidence of receiving a Tdap vaccine.

- Tdap vaccines are effective for 10 years. If the Tdap vaccine is more than 10 years old, you are required to get another TDAP vaccination.

If the last vaccine that was received was a TD Booster (Tetanus & Diphtheria), you are required to provide the initial TDAP vaccination that you completed prior.

Tuberculosis (TB) Test

REQUIREMENT COMPLETED ANNUALLY

The **initial** onboarding process offers two options for TB testing. Students are required to complete one of the two options on an annual basis while in their program. The test options are as follows:

- A **negative** Two-step PPD (Double Mantoux) within the last 12 months of starting the intended health career program.
    - Obtain test one and return 48-72 hours to have the test read.
    - Wait one to three weeks to complete test two.
    - Obtain test two and return 48-72 hours to have the test read.
    - If positive due to latent tuberculosis, please see Chest x-ray and medical provider statement details below.
    - Required to complete a one-step PPD test on an annual basis after the initial two-step. If a student fails to complete a TB screening within 12 months, the student will be required to repeat the two-step PPD test.

- A **negative** IGRA Blood Test within the last 12 months of starting the intended health career program.
  - One-time blood draw
  - also known as QuantiFERON (QFT), Gold Test, or T-Spot Tests
  - If positive due to latent tuberculosis, please see Chest x-ray and medical provider statement details below.
  - Required to repeat on an annual basis. If a student fails to complete a TB screening within 12 months, the student will be required to repeat with either a two-step PPD or obtain another IGRA Blood Test.

If your initial TB testing option provides a **positive** result, students are required to complete a chest x-ray and provide a medical provider statement.

- Chest X-Ray
  - Required for positive results due to latent tuberculosis disease. A chest x-ray is only required once every five years after the initial positive test result.
- Medical Provider Statement
  - Healthcare provider statement that indicates there are no active signs of TB. The statement should also include the following information:
    - Physician Name
    - Organization of Association (Cleveland Clinic, UH, etc.)
    - Date
    - Student Full Name (First and Last)
  - Required in combination with the original chest x-ray and subsequently in years following the chest x-ray.

Influenza (Flu) Vaccine

REQUIREMENT COMPLETED ANNUALLY

Medically documented evidence of receiving an influenza vaccine.

- Required annually for the Fall through the Spring semesters (October 1st to the end of May)
- Students who are completing clinicals during the Summer semester (June to August) are not required to have a flu shot.
- Regardless of the initial date, the Flu vaccine will expire on October 1st in the ADB-Complio system to ensure all students who are completing clinicals during the Fall and Spring Semesters are notified to complete a new vaccination before their clinical start date.

Coronavirus (COVID-19) Vaccine

While the college **does not** require students to complete the COVID-19 vaccine, many of our clinical sites **do** require it. Students are instructed to upload their COVID-19 vaccines into the ADB-Complio system or complete the Exemption Acknowledgment document if they are not currently vaccinated (located in the COVID-19 Compliance Category under the Optional Requirements Tab).

The following vaccines are acceptable to provide within the ADB-Complio system:

- Pfizer (one or two doses)
- Moderna (one or two doses)
- Johnson & Johnson (one dose)
- Novavax (two-dose)

Program Specific Requirements

- Vision Exam
  - Medically documented evidence of completing an eye examination.
  - Required for the following programs only:
    - Dental Hygiene
    - Medical Laboratory Technology (MLT)
    - Laboratory Phlebotomy (LP)
    - Optical Technology
- Color Blindness Test
  - Medically documented evidence of completing a color blindness examination.
  - Required for the following programs only:
    - Medical Laboratory Technology (MLT)
    - Laboratory Phlebotomy (LP)
- Dental Exam with Radiographic Images
  - Medically documented evidence of completing a dental examination with corresponding X-rays.
  - Required for the Dental Hygiene Program only.
- Pre-Exposure Rabies Vaccine
  - Medically documented evidence of obtaining the three-dose series according to the following schedule:
    - Dose 1 administered on the date of the initial visit
    - Dose 2 administered seven days after dose 1.
    - Dose 3 administered twenty-one days after dose 2.
  - Required for the Veterinary Technology (Vet Tech) Program only.

Required Forms and Certifications

All college and program-specific forms can be found in the required documentation tab in the ADB-Complio Dashboard or within the program-specific health tracker.

<u>Health Release Form</u>

The Health Release Form is required for most health career programs. The Health Release Form confirms health status and verifies that a physical was conducted within 12 months before starting the program. The student's healthcare provider must provide the required document information in addition to a signature. In addition, students must also sign and date.

Some health career programs may have additional physical requirements. Please check with the program or review your program-specific health tracker in ADB-Complio to complete the additional requirements.

<u>Health Insurance Attestation</u>

Health insurance is required for most health career programs. Students are required to complete and submit the Health Insurance Attestation form in its entirety. If the student does not have up-to-date health insurance, the student will be responsible for finding and enrolling in health insurance to ensure coverage during the program.

Students can utilize the additional resources webpage with links to explore various options. https://www.tri-c.edu/programs/health-careers/documents/health-requirement-resources.pdf

Please note, that the college does not endorse a particular health insurance company or plan for coverage.

<u>Program Specific Documentation</u>

Some programs may have elected to add additional program-specific documents, forms, or acknowledgments for completion by the student before attending clinical rotations. Examples may be HIPPA acknowledgment, Clinical Experience Acknowledgement, etc. These forms, like the others mentioned above, can be found within your program-specific dashboard and/or within the requirement documents tab.

<u>CPR Certification</u>

Many programs may require CPR certification. **The American Heart Association's Basic Life Support for Healthcare Professionals is the only certification accepted at this time.** Acceptable documentation includes one of the following formats:

- Copy of the front and back of the CPR card with instructor and student signatures (wet or digital)

- Digital certificate with student name and bar code (additional instructor name required)
- Letter of certification verifying completion of the course (temporary 30-day approval)

Click here to see the CPR Certification course offerings for the year: CPR COURSE OFFERINGS

Background Check and Drug Screening

Background Check (BCI and FBI)

Most health career programs require a criminal background check (both BCI and FBI). Prior to completing a background check, students are required to complete an ADB-Complio Clinical Compliance Training Session. Students should not complete compliance training unless they have been instructed by their program staff to do so. Many clinical sites require students' background reports to be within 6 months to a year of age (at the oldest) before allowing clinical placement. With this in mind, students may be asked to complete a new background check if they stop out of the program or change programs.

Click here to register for an ADB-Complio Clinical Compliance Training Session: REGISTER HERE

Drug Screening

Some clinical sites may require students to complete a drug screen before attending clinicals at their facilities. Students should not obtain a drug screen unless instructed by program staff to complete one and should not complete one outside of the ADB system. If a drug screen is required, the program will reach out to the student and provide instructions on how to add a drug screen to their existing ADB-Complio account. If the result is a negative dilute, students will be asked to complete another drug screen.

Additional Information

Who to call for assistance?

Students should reach out to the following individuals/departments/organizations in the following order:

- Program Staff
    - Program Director/Manager or Program Preceptor/Clinical Director
- Clinical Compliance Line—Clinical Compliance and Education Specialist
    - 216-987-3475
- American DataBank Complio
    - Phone: 800-200-0853
    - Email: Complio@americandatabank.com
    - Live Chat (Located in ADB account)

- Ohio Attorney General (OAG) Help Line
  - 855-224-6446
  - Only use this phone number if you have been instructed by the Clinical Compliance Department

Resources

Student Compliance Resources Page—CLICK HERE

- Information on low-cost healthcare, immunizations, titers, health insurance, etc.