



## AAS in Sport & Exercise Studies to BS In Exercise Science, Exercise Physiology Concentration

The B.S. in Exercise Science is fully offered On-Ground at the Kent Campus

SUGGESTED SEQUENCE AT CUYAHOGA COMMUNITY COLLEGE		
Semester One	16-17 Credits	KSU Equivalent
HLTH 1100 Personal Health Education	3	HED 11570
SES 1001 Introduction to Sport and Exercise Studies	2	EXSC 15010
SES 1040 Teaching Exercise Training Techniques	3	PWS 1X000
BIO 1500 Principles of Biology I	4	BSCI 10120 (KBS, KLAB)
ENG 1010 College Composition I	3	ENG 44044 (VCD4)
or ENG 101H (Honors)		ENG 11011 (KCP1)
Select one of the following:		
PE 1000 Personal Fitness	1-2	PWS 1X000
or PE 1010 Personal Strength Development		or PWS 1X000
or PE 1020 Weight Training		or PWS 12324
Semester Two	17 Credits	KSU Equivalent
MATH 1530 College Algebra	3	MATH 11010 (KMCR)
SES 2000 Essentials of Sports Injury Care	3	ATTR 25036
SES 2310 Advanced Training Concepts/Techniques	3	ATTR 35040
BIO 2331 Anatomy and Physiology I**	4	BSCI 21010 (KBS, KLAB)
PSY 1010 General Psychology	3	DCVC 11762 (VCC DIVD)
or PSY 101H (Honors)	3	PSYC 11762 (KSS, DIVD)
Select one of the following:		
HLTH 1230 Standard First Aid and Safety	1	HED 1X000
or HLTH 1320 CPR-AED for Healthcare Professionals		
Semester Three	16 Credits	KSU Equivalent
SES 2100 Sport & Exercise Physiology	3	EXSC 45080
SES 2410 Exercise Testing and Prescription	3	EXSC 45065
Select one of the following:		
SES 1300 Fitness & Wellness Coaching	3	EXSC 2X000
SES 2500 Health and Wellness Coach Cert Prep		
BIO 2341 Anatomy & Physiology II*	4	BSCI 21020 (KBS, KLAB)
ENG 1020 College Composition II	3	ENG 21011 (KCP2)
or ENG 102H (Honors)		
Semester Four	14 Credits	KSU Equivalent
DIET 1200 Basic Nutrition	3	NUTR 23511 (KBS)
SES 2130 Kinesiology: Fund of Human Movement	3	EXSC 35054
SES 2420 Advanced Exercise Testing and Prescription	3	EXSC 35075
SES 2840 Practicum: Sport and Exercise Studies	2	EXSC 2X000
SES XXXX (Technical Elective)	3	Please consult the Transfer Credit Guide

63-64 TOTAL CREDIT HOURS TO COMPLETE AAS FROM CUYAHOGA COMMUNITY COLLEGE

Course sequence may change based on the individual needs of the student and schedule type required.

New college students may be required during their first semester to participate in GEN 1070, First Year Success Seminar, a one credit hour course. See a Tri-C Counselor for details.

\* If BIO 2331 and BIO 2341 are both completed with a passing grade, the requirement for Human Anatomy and Physiology I and Human Anatomy and Physiology II in the Bachelor of Science (BS), Exercise Science is satisfied.

Semester Five	14 Credits	
CHEM 10060 General Chemistry I (KBS) @ CHEM1300/130H	4	
CHEM 10062 General Chemistry I Lab (KLAB) @CHEM130L/130H	1	
EXSC 35068 Statistics for the Exercise Scientist	3	
Kent Core Humanities (KHUM) @	3	
Kent Core Fine Arts (KFA) @	3	
Semester Six	14 Credits	
CHEM 10061 General Chemistry II (KBS) @CHEM1310/131H	4	
CHEM 10063 General Chemistry II Lab (KLAB) @CHEM131L/131H	1	
GERO 14029 Introduction to Gerontology (KSS) (DIVD) @PSY2100	3	
SEPP 20026 Psychological Foundations of Sport and Exercise	3	
Kent Core Humanities or Fine Arts (KHUM/KFA) @	3	
Semester Seven	14 Credits	
CHEM 20481 Basic Organic Chemistry	-	
or CHEM 30481 Organic Chemistry I @CHEM2300+CHEM2310	4	
EXSC 45022 Exercise Leadership	2	
or EXSC 45023 Professional Certificate Preparation	2	
EXSC 45481 Seminar in Exercise Physiology	1	
SPAD 35025 Facility Management	3	
or PH 30015 United States Health Care System	3	
Upper-Division Elective	3	
General Elective (If needed to reach 120 total hours)	1	
Semester Eight	15 Credits	
NURS 20950 Human Growth and Development for Health Professionals @PSY2020/202H	2	
or PESP 25033 Lifespan Motor Development @SES2330	3	
EXSC 45096 Individual Investigation in Exercise Science (ELR)	3	
NUTR 33512 Intermediate Nutrition Science	3	
Writing Intensive Course (WIC) (Not EXSC 45080) (Upper-Division)	3	
Upper-Division Elective	3	

@ Course may be taken at Cuyahoga Community College and transferred to Kent State. However, please be aware of Kent State's residence policy. Once an associate degree is earned, additional courses taken at Tri-C may not be eligible for financial aid. Please see Financial Aid for details.

## **Graduation Requirements**

Requirements to graduate with the BS degree program: To graduate, students must have minimum 120 credit hours, 39 upper-division credit hours of coursework, a minimum 2.250 major GPA and minimum 2.000 cumulative GPA. They must also fulfill an approved experiential learning experience, a two-course diversity requirement (domestic and global), complete a writing intensive course with a minimum C (2.000) grade. More specific graduation requirement information can be found in the Academic Policies section of the Kent State University Catalog (www.kent.edu/catalog).

This information is provided solely for the convenience of the reader, and Kent State University expressly disclaims any liability which may otherwise be incurred. This publication is neither a contract nor an offer to make a contract. While every effort has been made to ensure the accuracy of the information, Kent State University reserves the right to make changes at any time with respect to course offerings, degree requirements, services provided, or any other subject addressed herein.

It is recommended that students intending to pursue the Bachelor of Science (BS) in Exercise Science through Kent State University consult with academic advisors at both Cuyahoga Community College and Kent State University.

## **Contact Information:**

Cuyahoga
Community College
Campus Counseling Center
www.tri-c.edu/counseling-center

Kent State University

Academic Partnerships 330-672-7341 pathways@kent.edu

Last Updated June 2023